

Gambling Awareness



Reducing the Odds of Harm
in the GAA



Why is the GAA concerned about gambling?

The welfare of our players & members

The integrity of our games



Sport Newsletter

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Niall McNamee: I sold my car and lost €8,000 in one day due to gambling addiction

Offaly star marks the two year anniversary since he last had a bet

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19





Niall McNamee and Oisín McConville at the launch of the GAA's Gambling Guidelines in 2014

- 2012 GPA survey of the 2,045 current, 7 per cent of respondents believed gambling was a problem within their own squad;
- But 23 per cent believed it is a problem amongst GAA players generally
- Gambling addiction accounted for almost 25% of cases dealt with by the GPA's free counselling service in 2015



Gambling motion passed at Congress 2017

- Rule 1.15 prohibits players, team management or match officials from betting on games in which they are involved
- Passed with a 234-2 majority
- Minimum sanction members face for offence is an eight-week suspension.
- Expulsion from the Association may also be considered in some cases.

OFF THE BALL.com SHOWS PODCASTS LISTEN BACK

LATEST VIDEO SOCCER GAA RUGBY GOLF RACING OTHER SPORTS

NEWS

GAA Congress: Betting restrictions implemented ; 'Super 8' passes

The GAA also implemented their trilogy of major championship restructure this morning

BY GIAN ROCHE 11:00 Saturday 25 February 2017, 11:08:25 Feb 2017

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Motion 4

Tags: CONGRESS, CROKE PARK, GAA, GAA CONGRESS 2017

Betting on GAA games restricted, while Christy Ring winners will compete in All-Ireland qualifiers


Motions 1 and 3 have been passed at Congress.

Feb 25th 2017, 10:15 AM 1,823 Views 1 Comment Share Tweet Email

Kevin O'Brien reports from Croke Park.

GAA CONGRESS HAS passed a motion which strictly prohibits players or members of team management from betting on the outcome of a game they are involved in.

Motion 1 adopts the rule that anyone who is part of a county side who places a bet on a match they're taking part in will now face a ban, with the minimum sanction faced an eight-week suspension.



A fine, disqualification, and expulsion from the Association may also be considered. The first motion passed with an overwhelming 234 votes to 2 majority.

GAA Code of Conduct stipulates that....

Members, officers, players, teams, match officials and units:

- refrain from participating in any match-fixing activity (arranging in advance the result or conduct of a match or competition, or any event within a match or competition)



- According to the Institute of Public Health in Ireland, adolescent gambling is thought to be 2-3 times the rate of adults



What is the GAA doing to help?



In 2016 the GAA has made a submission to the Gambling Control Bill requesting that betting on juvenile competitions be banned.

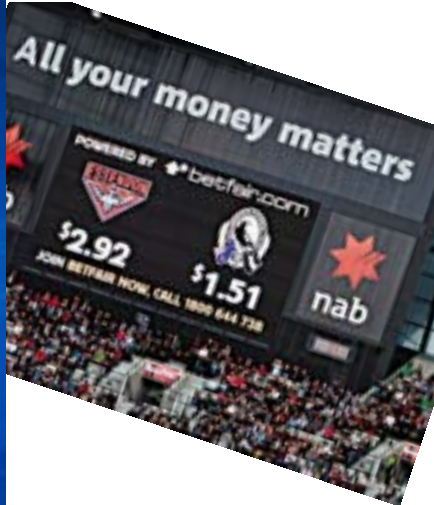
Athletes are an at risk group for problem gambling. Why?

- Their competitive nature
- Excitement associated with competition related to increased gambling behaviour
- Group dynamics of squads and possible gambling culture in the squad
- Appeals to those driven by extrinsic motivation
- The inherent relationship between sport and betting
- Exposure to increased betting advertising through sport



Tyrone's Cathal McCarron who documented his gambling addiction in his biography.

Is sport in danger of being cannibalised by betting?





WE ARE DUBLINGAA

FOUR CODES, ONE PASSION

Football Hurling Camogie Ladies Football Fixtures Results

TAGGED: NIGHT AT THE DOGS

LADIES FOOTBALL MAY 1, 2016

DUBLIN LADIES ARE GOING TO THE DOGS!

Dublin LGFA in conjunction with our Senior, Minor and U16 Inter County panels are holding...



St. Joseph's G.F.C. & Community Centre

LOTTO

MATCH 4 NUMBERS TO WIN OR SHARE IN JACKPOT. ENTRY €2.00

Event of NO JACKPOT WINNER, €200 will be added to next week's Jackpot

Weeks will share €200 prize money.

01	02	03	04	05	06
09	10	11	12	13	14
17	18	19	20	21	22
25	26	27	28	29	30

This Week's JACKPOT

Athlone GAA

CLUB LOTTO EVERY THURSDAY

MATCH 3 WINS €150
MATCH 4 WINS JACKPOT
PLEASE SUPPORT us in our efforts of fundraising

NEWMARKET G.A.A. CLUB No 0461
Select 4 Numbers on Panel Tickets €2.00

JACKPOT - Min: €1,000 / Max: €20,000

1	2	3	4	5	6	7	8
9	10	11	12	13	14	15	16
17	18	19	20	21	22	23	24
25	26	27	28	29	30	31	32

€100 added each week
If Jackpot is not won, 5 LUCKY DIPS
1 x €50 and 4 x €30

Draw will take place on Monday Nights.

THANK YOU FOR YOUR SUPPORT

NEWMARKET G.A.A. CLUB
SUPPORTING
Newmarket G.A.A. G
Newmarket Community
Shop Local
Support Local
A better future for your Community

PRIZES

1st 2 Year Old Heifer
2nd €300 worth of Stuffs - Sponsored by Havelock Curry
3rd 1 Night

CLUB LOTTO Play Online

Click Here

CURRY G.A.A. CLUB FUNDRAISER

Sands Hotel,

ST. BRENDAN'S HURLING CLUB / MIDWATER G.A.A. LOTTO

LOTTO FOR A FULL YEAR



Club Lotto - Going Weekly

BUY YOUR ANNUAL TICKET AND HAVE 3 LINES ENTERED EACH WEEK!

Join for just €8.50 Per Month D.D

Or Alternatively Buy the Ticket straight for €100

Buy your Ticket before 22nd of March and be Entered into Special one off draw!

1st - €1000 2nd - €500 3rd - €250



Do we all feed into this culture, or is it just an innocent game?

What is Gambling Addiction?



**Problem Gambling *Or* Compulsive Gambling
Or Harmful Gambling Or Gambling Addiction**

is an urge to gamble continuously despite harmful or negative consequences or a desire to stop

Leads to severe personal, family and social consequences / costs

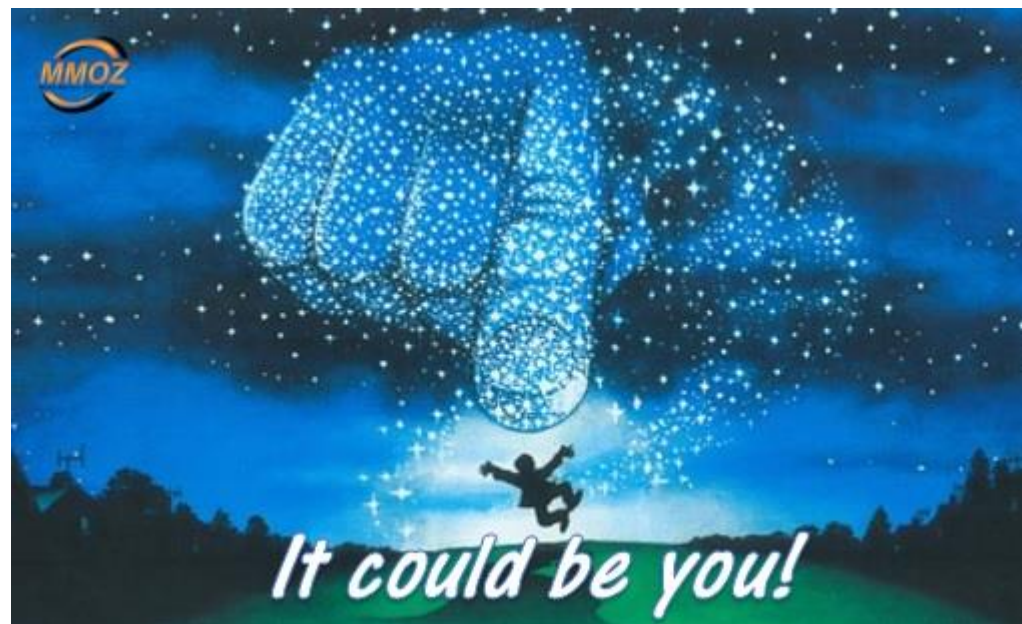


Gambling addiction is an ‘impulse control problem’ that any person can suffer from regardless of age, sex or socio economic profile.

Some Irish gambling facts



- Irish gambling losses totaled €2.1bn in 2017
- Ireland has **third highest per capita rate of gambling losses** in the world
- **We lose €470 per adult** on different forms of gambling
- Approx. half came online with traditional betting in second place



- Above research carried out by H2 Gambling Capital, published in The Economist, Feb 2017

The bookie always wins!

- Irish Institute for Public Health est. between 28,000 and 40,000 problem gamblers in the Republic in 2008
- Northern Ireland 2.2% of population classified as problem gamblers, with an additional 5.3% at risk
- US study estimates that 5 additional people are affected by every compulsive gambling addiction

GPA counselling & support figures

Issue member has presented with	2016
Addiction - Gambling	35
Depression	20
Family Issues	11
Relationship Difficulties	2
Issue not fully disclosed on initial presentation	19
Anxiety	9
Addiction - Alcohol	5
Suicidal	1
Bereavement Counselling	3
Financial Related Stress	1
Total	106

Gaelic Players Association 2012-2015 Emotional Health & Well Being Programme Breakdown

ISSUE MEMBER HAS PRESENTED WITH	2012	2013	2014	2015
ADDICTION - GAMBLING	7	22	19	29
DEPRESSION	4	33	38	26
FAMILY ISSUES	N/A	N/A	7	26
RELATIONSHIP DIFFICULTIES	N/A	N/A	8	13
ISSUE NOT DISCLOSED ON INITIAL PRESENTATION	2	12	8	24
ANXIETY	12	10	20	7
ADDICTION - ALCOHOL	0	8	11	6
SUICIDAL	1	0	2	0
BEREAVEMENT COUNSELLING	5	9	4	2
FINANCIAL RELATED STRESS	N/A	N/A	1	0
TOTAL	31	94	118	133

Addiction – Increase
Family Issues and relationship difficulties show an increase



Offaly star Niall McNamee's story.....

- Accumulated debts of €80,000, losing approx. €200,000 in total during years of addiction
- 2009 - finally revealed his situation to his father and sought help
- Then Offaly manager Gerry Cooney was counsellor in Rutland Centre where Niall was treated for his illness
- Niall no longer gambles and is a GPA ambassador and gambling awareness campaigner

Galway hurler Davy Glennon's story.....

- Started betting age 16 with €2/€3 bets
- Tens of thousands in debt by age of 25
- Brought to brink of suicide but finally sought help
- Attended 12 week recovery programme in Cuin Mhuire
- Mother forced to remortgage home to pay debts in 2016
- May 2017 - charged with €60,000 theft from former employers
- Won All Ireland in 2017 following treatment



Galway footballer Mark Hehir's story.....

- Details of addiction came to light in Oct 2016 - father concerned for his welfare
- Entered treatment for his addiction
- Bet mainly online. Had accounts with Ladbrokes and Boyle Sports
- Jan 2017 - pleaded guilty to theft of €259,072 from former employer
- Parents repaid €29,000; Mark €3,000, plus an additional €100 per week.
- Avoided jail - given 5 years suspended sentence + 240 hours community service
- On condition of receiving continued support for his addiction in Hope House and weekly repayment of €100



Is there a gambling culture in your club/squad?



- How many placed a bet in the last week/month?
- At what age did most people place their first bet?
- Who, if anyone, was with you?
- What platforms are you using to bet –
Bookies? Phone? Computer?
- What are you most regularly betting on?
- Is there a culture of betting in your squad? In your club?
- Are club communication channels (Whatsapp groups/FB pages) being used to discuss betting and odds?
- Do you bet more because of your involvement in the squad/club?

WARNING SIGNS OF PROBLEM GAMBLING

Borrowing for gambling.



Hiding time spent gambling or
hiding bills and unpaid debts.



Restless or Irritable when
not gambling.



Lying about how much time or
money is spent on gambling.



Spending a lot of time gambling,
thinking about or planning to gamble.



Bragging about winning, exaggerating
wins and/or minimizing losses.



Courtesy of ProblemGambling.ie

Where to seek help and get support in Ireland

GAMBLERS ANONYMOUS

01-8721133

WWW.GAMBLERSANONYMOUS.IE

**GAMBLE
AWARE**

**MON - FRI
9 AM - 5:30 PM**

**1800
753 753**

WWW.GAMBLEAWARE.IE

**PROBLEM GAMBLING
HELPLINES
IN IRELAND**

PROBLEM GAMBLING IRELAND

089 241 5401 (CALL-BACK SERVICE)

WWW.PROBLEMGAMBLING.IE

**DUNLEWEY
ADDICTION SERVICE**

MON-SUN

9 AM - 11 PM

**1800
936 725**

WWW.DUNLEWEY.NET



If in trouble - reach out

- Talk to a family member, a loved one, team mate, friend or GP
- Call a helpline
- With help, you can overcome
- Early intervention works best
- There is always hope

**WHEN
GAMBLING
IS NO
LONGER A
GAME.**

Next step: Adopt Club gambling policy

Simple one page document that includes:

- GAA rules and regulations
- Appropriate use of club communication channels (Whats App groups etc)
- Prohibits unit from accepting sponsorship from a gambling firm/bookies
- Outline GAA and club rules and regulations
- Available to download at www.gaa.ie/community



Recap, learnings, and some takeaway tips

- Sport and gambling are intrinsically linked
- Athletes are at an increased risk of harmful gambling
- Culture in a squad/club can drive or inhibit gambling
- Ask if you think a team mate is struggling. Let them know you are concerned and help is available
- Don't enable their habit by lending money. Support them to get help
- If you are having a problem with your gambling speak to someone you trust, your GP, or call a helpline
- Support a positive culture in your club
- Check out www.gaa.ie/community and www.problemgambling.ie for more information





Ní neart go cur le chéile